

Healing centre

Dr Anne Small opened a new integrative health centre in Moonee Ponds on September 9, offering a range of traditional and complementary healing therapies.

Dr Small says the Moonee Ponds MindBody Health Centre is a place of healing for the mind, body and soul – a place for the nurturing of personal and spiritual growth.

She says after her own chronic fatigue syndrome was cured by a combination of complementary therapies and her own personal and spiritual growth, she decided to pursue studies in diagnosing physical and emotional illnesses.

She also gained extensive experience working in centres including the Kensington Community Health Centre, the Royal Children's Hospital and the Aboriginal Health Service.

Dr Small says all practitioners at the centre share the same holistic healing philosophy and clients can choose, often in consultation with a practitioner, which therapies can best assist them.

Every Saturday, from 2pm, the centre hosts a free, hour-long information event on different health topics.

The centre comprises 15 consulting rooms, a treatment room and a yoga room, that is also available as a function centre.

Moonee Ponds MindBody Health Centre is at 23 Gladstone St, Moonee Ponds. Inquiries: 9372 0499 or visit mindbodyhealth.com.au



Dr Anne Small at the Mind Body Health Centre in Moonee Ponds.

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